

## LEARNING BUFFET

1	Really (Instrumental)
2	Reading Is Fundamental
3	Trey and Lovely
4	Thank You Mean Ole Dog
5	I Am a Big Boy (Wash My Hands)
6	Snail Is Bored
7	Love My Cat
8	#1 Potion H2O
9	America, the Grand Tour (50 State Capitals)
10	American Presidents
11	206 Bones
12	Sailing (Oceans and Continents)
13	Twinkle Twinkle Little Sun (8 Planets)
14	My Good Friend (Learn Chinese)
15	What's Your Agenda?
16	ABC Chant – ABC Animals
17	Short Phonics Drill
18	Long Phonics Examples
19	The Y Song
20	Bamalama Phonics Time (OW)
21	Bamalama Phonics Time (OO)
22	Bamalama Phonics Time (PH)
23	Bamalama Phonics Time (OI)
24	Bamalama Phonics Time (AR)
25	Bamalama Phonics Time (NG)
26	Rainbow Stylin'
27	Yummy Tummy Special (Monday - Sunday)
28	12 Months (January - December)
29	Opposite
30	Skinny Mosquito
31	Flavors
32	Kangaroo

**Reading is Fundamental**

by William Avery ©2010

Reading is fundamental  
In your life it's instrumental  
When you master words  
Lots of power you control.

Reading is fundamental  
Communication's elemental  
The key to solving mysteries  
Secrets will unfold

Reading is fundamental  
Sometimes experimental  
Something new emerges  
Based on something old.

Take it. Leave it. Love it. Hate it.  
Not what you anticipated.  
Push it. Pull it. Hold it. Drop it.  
Try it once before you knock it.  
Twist it. Turn it. Forget it. Learn it.  
Right and wrong. You must discern it.  
Find it. Lose it. Waist it. Use it.  
Power. Privilege. Don't abuse it.  
Catch it. Throw it. Hide it. Show it.  
Simple, but you never know it.  
See it. Be it. Do it. Watch it.  
Overflow. It's hard to stop it.

Face it. Fear it. Stop it. Start it.  
Time will heal the broken hearted.  
Get it. Give it. Rip it. Seal it.  
Meaningless if you don't feel it.  
Save it. Spend it. Lose it. Win it.  
Freedom + Knowledge = Independence  
Feel it. Breathe it. Think it. Know it.  
Check the facts before you show it.  
Block it. Fight it. Read it. Write it.  
Find your passion. Get excited.  
Hit it. Miss it. Work it. Play it.  
Seek the truth and boldly say it.

A friend of yours is a friend of mine.  
Needle and thread. Put a stitch in time.  
Juicy news with a twist of lime.  
Read a book and feed your mind.  
Waffles and juice. Hold the swine.  
Breakfast keeps me feeling fine.  
After the rain the sun will shine.  
Resources we must combine  
If you wanna get to the finish line  
You can't run forward when you look behind  
Happiness is a state of mind  
Haste makes waste so take your time

Reading is fundamental  
Learning is incidental  
'Cause when you're having fun  
You learn before you know

Reading is fundamental  
Rent a book or book a rental  
Escape into a world  
Where your imagination grows

Reading is fundamental  
The message is pure and simple  
Practice makes perfect  
Yep. My momma told me so



**Trey and Lovely**

by William Avery ©2010

Trey the Spider spun a web trying to catch some dinner.  
He didn't eat in a while. He was getting thinner.  
He finally got a catch. He could hardly wait.  
He didn't grab the silverware or his dinner plate.

He quickly ran across the web eager to take a bite.  
When he saw the butterfly he lost his appetite.  
TREY: How could this be possible? Something ain't right...  
Trey felt like he was dreaming. It was love at first sight.

He tried to calm her down.  
TREY: I'm going to let you down.  
The butterfly was crying.  
She didn't hear a sound.

TREY: Don't struggle so. The web is really sticky.  
Just relax. I'll get you out in a jiffy.  
Don't be afraid. I want to be your friend.  
The butterfly was terrified and couldn't comprehend.

Alas Trey set her free then tried to get her name.  
She flew away in tears. Trey stood there feeling strange.  
TREY: A spider and a butterfly. What a sight to see?  
Trey's heart broke 'cause they could never be.

Could they ever be?  
Would they ever be?  
Do they have a destiny?  
Well let's see.

In the trees behind the leaves Trey would watch her fly.  
He dared not let her see him out of fear that she would cry.  
How she flew so gracefully. Floating like a feather.  
TREY:           There must be a way for us to be together.

Trey observed the butterfly everyday for hours.  
He knew when she would come and go and all her favorite flowers.  
Trey came up with a plan, a way to get her name.  
So she would not be terrified and fly away again.

The sun went down. Trey prepared for hours.  
He went to the garden and found the sweetest flowers.  
He took off the petals and used his web as string.  
He fashioned all the petals into butterfly wings.

He used extra web and stuck the wings on tight.  
He made blue antenna and worked through out the night.  
The butterfly flew by at 7:20.  
Trey tried to float but it looked kind of funny.

Trey was looking dapper. Plus he had a fragrant smell.  
The butterfly flew up to him. The plan was working well.  
LOVELY:       Hi. My name is Lovely. Can we talk for a while?  
Trey was so elated; he could not contain his smile.

Time flew by so quickly. Trey didn't want the day to end.  
It was time for Lovely to go home, but she promised to return again.  
As Lovely started flying home a wind came whirling by.  
It blew her into a spider's web. She thought she'd surely die.

Trey scurried to save Lovely before it was too late.  
He climbed up the Spider's web and yelled out "Wait!"  
The other spider was happy to catch two butterflies.  
But one was not stuck. That took him by surprise.

SPIDER2:       How could this be possible? You're not stuck at all.  
                  Plus for a butterfly, you are very tall.  
TREY:           Let my friend go or we're gonna have to fight.  
LOVELY:       Trey. Save yourself. Don't also lose your life.

The spider looked at Trey and coldly scoffed.  
Trey won the fight, but his wings fell off.  
He went up to Lovely to sadly set her free.  
At least he knew her name, though they could never be.

Lovely saw that Trey was actually a Spider.  
She recalled when they first met as he stood beside her.  
LOVELY:       You are my HERO!  
Her tears turned into laughter.  
Trey and Lovely lived happily ever after.



**Thank You Mean Ole Dog**

by William Avery ©2010

**CHORUS**

Thank you mean ole dog.  
Thank you mean ole dog.  
Thank you mean ole dog.  
I did not know a long time ago that you'd be the one to save me.

It was a hot, hot summer's day. I was just about 3  
I was playing outside with my aunts who were not much older than me  
A dog came from out of nowhere and grabbed me by the arm  
It was dragging me to the fields with sure intent to do me harm  
My aunts tried to shoo it away, but it barked at them quite fiercely  
I cried because I was terrified, but no one else could hear me  
One aunt ran to the house looking for an adult  
The dog grabbed me again and continued its assault  
I'm not quite sure what happened next. My memory gets fuzzy  
I recall my momma holding me, crying and saying she loved me

Ten years later I was walking to school on a cold, cold winter's day  
It started snowing. The wind was blowing. School seemed so far away  
No hat. No gloves. My hands were freezing. My face and ears were numb  
My toes had started tingling. I didn't know if I could over come.  
In despair, I said a prayer for God to help me make it.  
A **green car** stopped. I was offered a ride. I was just about to take it  
The man wanted help to find his dog as he would drive me to school  
I remembered back to when I was 3. I passed and said I was cool.  
Somehow I walked another mile. I made it late to school.  
That night I heard about missing children reported in the news.

Someone mentioned an old **green car**. I thought that could have been me  
I told my momma what happened as she listened nervously.  
My mom asked how I missed the bus. She shook her head in worry  
I missed the bus on purpose, but that's another story  
Could that incident be coincidence?  
I'm on the fence, but it makes sense  
It was so intense. The affect's immense  
From a long time ago to the present tense  
Somehow my fear of dogs may have saved my life that day  
So I thank that mean ole dog from that hot, hot summer's day

**I Am a Big Boy (Wash My Hands)**

by William Avery ©2010

Bobo and his dog named Poochie were outside playing fetch  
Bobo liked to throw the frisbee and Poochie liked to catch  
Bobo's mom was cooking. The meal was almost ready.

*Mom:* Bobo, time for dinner. Tonight we're having spaghetti.

Bobo patted Poochie and then he ran into the house  
He started to grab a dinner roll and shove it in his mouth

*Mom:* Bobo! You have to wash your hands before you eat  
Or else you could get sick so wash your hands before you eat

*Bobo:* No problem momma, my hands are very clean.  
After I came home, I wiped them on my jeans.

*Mom:* Bobo. Germs are on your hands.  
Your hands are very dirty.  
I'll go help you wash your hands.

*Bobo:* I got it momma don't worry.  
I am a big boy. I can do it myself.  
I can wash my hands. I do not need help.

Bobo ran to the bathroom and then he closed the door. He thought for a moment...

*Bobo:* What did I come here for?  
Oh... That's right. I came to wash my hands

Bobo rubbed his hands together.

*Bobo:* I'm finished! I washed my hands!

*Mom:* How could that be possible?  
You were in there for two seconds.  
Bobo let me see your hands.  
It's exactly as I reckoned.  
You didn't use soap and water  
Oh, when will you learn?  
You need soap and water  
To wash away the germs  
Bobo, germs are on your hands.  
Your hands are very dirty.  
I'll go help you wash your hands.

*Bobo:* I got it momma don't worry.  
I am a big boy. I can do it myself.  
I can wash my hands. I do not need help.

Bobo ran to the bathroom and closed the door real fast.  
He remembered the soap and water. Will he get it right at last?  
He turned the faucet on and off and flushed the toilet twice.  
He turned the shower on and off and thought "That's very nice."



Bobo picked up the soap and then he put it down again.

Bobo: I used the soap and all the water  
I'm finished! I washed my hands!

Mom thought maybe he got it right. But she was not quite convinced.  
She wanted to see his hands herself to be 100%

Mom: Bobo. Let me double check. Please show me your hands.  
What?! They are still dirty. You do not understand  
I'll explain it step by step. Listen very closely.  
When I'm done, repeat it back with actions to show me.

1. Turn on the water. Let it flow
2. Get your hands wet. Pick up the soap
3. Scrubbing, rubbing. Lather up.
4. Soap and water. Mix 'em up.
5. Put the soap down. Almost at the end
6. Get your hands wet again
7. Turn off the water. Don't forget
8. Dry your hands. That's it.

Got it?

Bobo: Yep. Yep. It's a piece of cake.  
I'll get it right with no mistakes.

1. Turn on the water. Let it flow
2. Get your hands wet. Pick up the soap
3. Scrubbing, rubbing. Lather up.
4. Soap and water. Mix 'em up.
5. Put the soap down. Almost at the end
6. Get your hands wet again
7. Turn off the water. Don't forget
8. Dry your hands. That's it.

Mom: Very good. Now you understand.  
Big boys and girls know how to wash their hands.  
You are a big boy. You can do it yourself.  
You can wash your hands. You do not need help.

Bobo: I am a big boy. I can do it myself.  
I can wash my hands. I do not need help.

1. Turn on the water. Let it flow
2. Get your hands wet. Pick up the soap
3. Scrubbing, rubbing. Lather up.
4. Soap and water. Mix 'em up.
5. Put the soap down. Almost at the end
6. Get your hands wet again
7. Turn off the water. Don't forget
8. Dry your hands. That's it.

Bobo went into the bathroom. He remembered what to do.  
His hands were very clean. Momma said, "I am so proud of you."  
Bobo's becoming a big boy although he's not so old.  
Next time he'll wash his hands much faster, so dinner won't get cold.



**SNAIL IS BORED**

by William Avery ©2010

Snail was at home all alone. He was bored. He stretched and yawned.

SNAIL: Yawn. I feel so bored. I think I'll go for a walk by the pond.

He went for a walk and hummed to himself.

SNAIL: Dum dee dee dee doo  
I still feel bored. Today is so boring.  
I think I'll play with my yo-yo.

Snail played with his yo-yo for a while. Then it started to rain.  
He put it away, took out his umbrella and started walking again.

SNAIL: Now I can not play with my yo-yo. What a boring day!  
Suddenly, a gust of wind nearly blew Snail and his umbrella away.

The pond's bank was slippery. Snail fought as hard as he could.  
Alas, he fell in the water. He thought, "This is not good!"

SNAIL: Help! I can not swim. Someone help me out!  
Luckily Snail's good friend, Fish, saw him splashing about.

FISH: Hang on Snail! I'm coming.  
In a flash Fish was there.  
Fish swam under Snail and lifted him up for air.

FISH: OK. Now, jump off  
SNAIL: I'm a snail. I can not jump. You see?  
FISH: I can not hold you forever.  
You're way too heavy for me.

SNAIL: Oh no. What can we do?  
I'm running out of time.  
Just then spider yelled down from the tree.  
SPIDER: Hey, Snail! I'll throw you a line.

Spider aimed carefully. His precision was exact.  
The sticky web landed in the middle of the shell on Snail's back.

SNAIL: It's a good thing you were here.  
We didn't know what to do.  
SPIDER: Yes. That's very good.  
You're just in time for my barbecue.  
SNAIL: You are having a barbecue? In the rain?  
SPIDER: Yes. A snail barbecue. I'm so glad you came.  
SNAIL: Save me. Help. Someone help.  
Spider let me go.  
FISH: Someone help Snail!  
Snail was swinging to and fro.

Just then Snail's good friend, Dog, came walking by.  
Dog saw Snail in trouble and heard his buddy's cry.

DOG: Ruff, ruff. Let him go or you'll have to deal with me.  
Spider was not worried because Dog could not climb the tree.

SPIDER: Go away Dog. This has nothing to do with you.  
After I've finished Snail, I might pull you up here, too.

DOG: Don't worry Snail. Hang in there. Help is on the way.

SNAIL: Please hurry Dog. I don't want to be Spider's buffet.

Dog ran to Bird and told her Snail was in trouble.  
There was not much time to waste. Bird flew there on the double.  
Bird swooped down and bit the web. Snail was falling down.  
Bird flew back and caught Snail just before he hit the ground.

Bird took Snail to safety. She placed him on a log.

Snail thanked everybody, Bird, Fish and Dog.

How they celebrated. Everyone was so glad.

SNAIL: Today was so exciting but being bored is not so bad."

**Love My Cat**

by William Avery ©2010

One cat. Two cats.  
Crazy cat. Cool cat  
Black cat. White cat.  
Brown cat. Blue cat  
One. Two. Three cats playing funny games.  
Three Two. One cat playing in the rain.

His cat. Her cat. My cat, too.  
Our cats play with a shoe.  
His cat is big. Her cat is small.  
I like my cat most of all.

Pat, pat, pat. I pat my cat.  
My cat is happy. He likes that.  
My cat. My cat. My cat and I.  
My cat is low. My cat is high.

This is me. This is my cat.  
I am Jack. My cat is Matt.  
I like my cat. My cat likes me.  
I am six. My cat is three.

Look at this. Look at that.  
Look at my little kitty cat.  
My cat. My cat likes the rat.  
The rat does not like my cat.

The bat. The bat likes my cat.  
My cat does not like the bat.  
Bats! Bats! Fly, fly, fly  
Rats run low. Cats run high.

Hiding, biting, sleeping, playing,  
Eating, scratching, disobeying  
I wonder what you would tell me,  
if I could hear what you're saying.

Maybe you would tell me that  
I keep you entertained.  
Maybe you would tell me that  
You've nearly got me trained.

Itty, bitty, kitty cat  
Walking like a lion  
Why do you do the things you do?  
It's very mystifying

You wag, quiver, and thrash your tail  
To show your different moods  
I think you are happiest  
When you eat your food

Ailurophilia is the love of cats.  
Meow, meow, purr – Can you understand that?  
You are my BFF. Never run away.  
You can make me LOL every single day.

**#1 Potion H2O**

by William Avery ©2010

**CHORUS:**

Yo! Give me that number one potion  
H2O put your bodies in motion  
Drink from the sink, not the ocean  
H2O flow causing a commotion

Good for your body, for your skin, for your soul  
Drink more water. Helps you keep it in control  
Drink from a bottle, from a cup, from a bowl  
If you're in the desert, then it's better than gold

So refreshing, it hits the spot  
Drink it straight up or maybe on the rocks  
Squeeze a little lemon. Make it a double shot  
Water burns fat, so that is why it's hot.

Quench your thirst, drink water first.  
Zero calories are dispersed  
Too much sugar, too much caffeine  
It's good to purify and get yourself clean.

Good for you. Good for me.  
Good for the fishes in the sea.  
Bringing life, sustaining life  
Freeze. Let me get some bling bling ice

70% of the Earth is water. Only 2% of it you can drink  
About 60% of your body is water. It helps your mind to think  
70% of the Earth is water. Only 2% of it you can drink  
About 60% of your body is water. It helps your mind to think. So...

**America, the Grand Tour (50 State Capitals)**

by William Avery ©2010

**CHORUS**

Welcome to America , the Grand Tour  
From city to city, shore to shore  
Bringing good times right to your front door  
Showing ya things you never seen before

I was chillin' in  
**Tallahassee, Florida**  
I saw an awkward alligator  
It was coming at me,  
so I headed for the border  
Runnin' top speed to  
**Atlanta, Georgia**  
Stopped at a restaurant, ordered peach pie  
Tasted so good I said "My oh my"  
left a big tip for the waitress at the diner  
Next  
**Columbia, South Carolina**  
Then  
**Raleigh, North Carolina**  
If you feel ill, Then I make you feel finer  
It's a brand new day and I feel brand new  
got a brand new car. I'm driving off to  
**Richmond, Virginia**  
Highway 95  
**Charleston, West Virginia**  
down the mountain side  
Ride, glide, slip and slide  
**Annapolis, Maryland**  
keep in stride  
Throw your hands up in the air  
Cruise through  
**Dover, Delaware**  
Yo, what's up  
**Trenton, New Jersey**  
Let me hear ya holla if you worthy  
**Harrisburg, Pennsylvania**  
In your city gonna entertain ya  
**Albany, New York**  
Get your bodies on the floor  
Show me whatcha got.  
Show me whatcha got.  
**Hartford, Connecticut**  
Drop it like it's hot  
**Providence, Rhode Island**  
Happy, happy, happy.  
Keep ya smilin'  
**Boston, Massachusetts**  
Represent. Show how you do it  
**Montpelier, Vermont**  
I wanna dine in a fine restaurant  
Feel like skiing? The place you wanna be in  
**Concord, New Hampshire**  
or  
**Augusta, Maine**  
The slopes are all the same  
It's snowin'. Baby, That ain't rain  
Uh aw, baby dat ain't rain.

**CHORUS**

**Columbus, Ohio**  
has lots of wheat silos  
**Lansing, Michigan**  
is famous for fishing  
**Indianapolis, Indiana**  
The Indy 500. People go bananas  
Everybody. Make some noise  
If your from  
**Springfield, Illinois**  
The Finger, licking chicken  
Not the fried turkey  
Cooking in  
**Frankfort, Kentucky**  
The country music industry  
Thriving in  
**Nashville, Tennessee**  
Banjo, fiddle, bass  
Rocking up the jamma  
That's how we do  
**Montgomery, Alabama**  
Cricka letter, humpback  
Who's it gonna be?  
Sounds like  
**Jackson, Mississippi**  
Cajun gumbo  
Cooking like my nanna  
**Baton Rouge, Louisiana**  
**Little Rock, Arkansas**  
The rice so nice  
Make ya say HEE HAW!  
The Katy trail has nice scenery  
in  
**Jefferson City, Missouri**  
How you chop a pork chop?  
Gonna show ya  
Down in  
**Des Moines, Iowa**  
Monona Terrace is really something  
When you visit  
**Madison, Wisconsin**  
The lakes are great  
But weather is colder  
Camping in  
**St. Paul, Minnesota**  
Blue and gold  
**Bismarck, North Dakota**  
Nature trails  
**Pierre, South Dakota**  
Almost finished.  
It's two thirds over...

**CHORUS**

**Lincoln, Nebraska**  
I gotta ask ya.  
In Track and field do you run faster?  
**Topeka, Kansas**  
I love your steak  
A.K.A. the sunflower state  
Pause. Take a break  
It ain't too early and it ain't too late  
**Oklahoma City, Oklahoma**  
Rockin' a beautiful Gold Dome  
I had a little horsey  
His name was Lexus  
We won the rodeo in  
**Austin, Texas**  
Next on the journey  
where shall we go  
**Santa Fe, New Mexico**  
While we're there got to get a taco,  
Spicy Salsa with nachos  
Next  
**Denver, Colorado**  
Hike the Rocky Mountains (Ho)  
**Cheyenne, Wyoming**  
the dusty trails, we'll be roaming  
406  
**Helena, Montana**  
Stopped in a gift shop  
bought a bandana  
P-O-T-A-T-O  
Famous in  
**Boise, Idaho**  
Potato - potato  
I love 'em a lot a...  
(Welcome to America...)  
**Salt Lake City, Utah**  
Known for mining  
Convenient subways save a lot of  
time  
**Carson City, Nevada**  
Not too cold. Not too hot  
**Phoenix, Arizona**  
Got garlic ice-cream cones  
**Sacramento, California**  
Has much diversity  
It's multi-cultural while combining  
unity  
**Salem, Oregon**  
The drum line is quite fun  
**Olympia, Washington**  
You'll love the Salmon Run  
**Juneau, Alaska**  
Going whale watching  
If you do not see one,  
then your tour will cost nothing  
**Honolulu, Hawaii**  
Cowabunga dude  
Feasting at the Luau  
How I love Hawaiian food



**American Presidents**

By William Avery ©2010

American presidents, American presidents  
From the past, past, past to the present tense

George Washington	#1	Chopping down the cherry tree. Playing in the sun.
John Adams	#2	Quasi-War was bitter feud
Thomas Jefferson	#3	Declaration of Independence - his legacy
James Madison	#4	In 1812 he was famous for the war
James Monroe	#5	Louisiana Purchase - made a deal on the side
John Quincy Adams	#6	Famous for being very diplomatic
Andrew Jackson	#7	The two-party system, Democratic session
Martin Van Buren	#8	Dress to impress. Always had his suit straight
William Henry Harrison	#9	Died in office after just a brief time
John Tyler	#10	Inter-branch checks and balances
James K. Polk	#11	Manifest Destiny road excelling
Zachary Taylor	#12	Spent 40 years in the army serving well
Millard Fillmore	#13	He worked on the farm 'til he turned 15
Franklin Pierce	#14	<i>Bleeding-Kansas</i> left a stain on the scene
James Buchanan	#15	Missouri Compromise caused dividing
Abraham Lincoln	#16	Freed the slave. Emancipation Proclamation
Andrew Johnson	#17	Opposed Civil Rights and Amendment 14
Ulysses S. Grant	#18	As a general he did so many great things
Rutherford B. Hayes	#19	Electoral Commission deciding
James Garfield	#20	Martyred for his country
Chester A. Arthur	#21	From Vermont. He was a preacher's son.
Grover Cleveland	#22	Married in the White House in the month of June
Benjamin Harrison	#23	Antitrust, stop monopolies
Grover Cleveland	#24	Wasn't he the President once before?
William McKinley	#25	Keep silver and gold alive!
Theodore Roosevelt	#26	"Speak softly and carry a big stick."
William Howard Taft	#27	Preferred the law as a digression
Woodrow Wilson	#28	More power to the states
Warren G. Harding	#29	World War One over. Peace treaty signed
Calvin Coolidge	#30	Didn't talk too much. He was never wordy
Herbert Hoover	#31	Had to deal with the Great Depression
Franklin D. Roosevelt	#32	4 terms in office. The New Deal ruled
Harry S. Truman	#33	Used atomic weaponry
Dwight D. Eisenhower	#34	Dealt with Russia and the Cold War
John F. Kennedy	#35	"Do not pray for easy lives..."
Lyndon B. Johnson	#36	Viet Nam was a big conflict
Richard M. Nixon	#37	Resigning before the end of his session
Gerald Ford	#38	He was in charge after Watergate
James Carter	#39	Deregulated trucking and airlines
Ronald Reagan	#40	Used to act and was rather sporty
George H. W. Bush	#41	"A kinder and gentler nation..."
William J. Clinton	#42	Met JFK in high school
George W. Bush	#43	Cut taxes extensively
Barack Obama	#44	Nobel Peace Prize and Health Reform

Looks like that's it  
But when another one comes along not in the song  
Please add it on

American presidents, American presidents  
From the past, past, past to the present tense



### **206 Bones**

by William Avery ©2010

206 bones in my body. Each one is very unique.  
54 bones are in my hands. There are 52 bones in my feet.  
6 bones are in my arms. There are 8 bones in my legs.  
26 bones are in my spine. There are 28 bones in my head.  
1 sternum, 1 hyoid, 24 ribs. Almost done.  
4 bones are in my shoulders. 2 hip bones in my bum.  
Add them all up. 206 bones make me complete.  
206 bones in my body. Each one is very unique.

### **Sailing (Oceans and Continents)**

by William Avery ©2010

We're gonna sail around the world on our boat with a compass and a map.  
Sometimes we might have to row if the wind's not at our back.  
We're gonna sail around the world on our boat. Sailing is divine.  
That may not be the life for some, but for us that is just fine.

Sailing the Indian Ocean  
Sailing the Atlantic Ocean  
Sailing the Pacific Ocean  
Sailing the Arctic Ocean

Explore the continents, the world is so immense  
With many different points of view (and cultures, and foods, and languages too)  
Explore the continents, the world is so immense  
Make a friend and learn a thing or two (or three or four or more)

Africa, Asia, Australia,  
Europe, North America,  
South America and Antarctica

**Twinkle Twinkle Little Sun (8 Planets)**

by William Avery ©2010

Twinkle, twinkle little sun  
 Hydrogen and helium  
 Carbon, nitrogen and such.  
 Way too hot for me to touch  
 Twinkle, twinkle, little sun  
 27 million  
 degrees Fahrenheit  
 Providing heat, energy and light

8 happy planets round and stout  
 Orbiting the sun and turning about  
 Mercury, Venus, Earth, Mars  
 Jupiter, Saturn, Uranus, Neptune  
 Mercury, Venus, Earth, Mars  
 Jupiter, Saturn, Uranus, Neptune

It's a happy day in the Milky Way  
 I met the moon and we went to play  
 The moon got craters. It couldn't avoid  
 When we played dodge ball with asteroids  
 That's OK. The moon's OK.  
 I got a Band-Aid and we made it OK  
 That's OK. The moon's OK.  
 I got a Band-Aid and we made it OK

**My Good Friend (Learn Chinese)**

by William Avery ©2010

Let's learn some Chinese.  
 Don't worry. It's not hard.  
 Easy-peasy lemon squeezy.  
 Follow me. It's a breezy.

1 2 3  
 — = 三  
 1yi 4er 1san

<b>You are my good friend</b>	<b>Together till the end</b>
<b>你 是 我的 好 朋友</b>	<b>在 一起 到 最後</b>
3ni 4shi 3wo de 3hao 2peng3you	4zai 1yi2chi 4dao 4zui 4hou

Very good  
 很 好  
 3hen 3hao

Good bye  
 再 見  
 4zai4jian



**What's your agenda?**

by William Avery

What's your agenda? What's your campaign?  
Spicing up life so it's not mundane  
Bringing that pizzazz when the picture's plain  
Putting happy thoughts inside your brain

Different day. Same thang  
Make a dollar out of change  
Everybody looking Strange  
Don't matter. Do your thang  
Empathize. Feel the pain  
Cats and dogs in the rain  
Driving fast down my lane....

Big dreams in my brain  
Boxes can not contain  
Take a picture in the frame  
Cut it up. Rearrange  
Little joy. Little pain  
Sunshine through the rain  
Working hard. Feeling drained

Trying to attain  
Cut against the grain  
Exercise my brain  
Juggle rearrange  
Claiming my domain  
Is it all in vain?  
Sometimes I complain  
But nobody is to blame

I wanna fly high but I feel detained  
Gonna get a chain cutter to cut these chains  
I try to find the words. It's hard to explain  
Sometimes you got to lose  
before you get to gain

Looking at the big picture. Try to ascertain  
Working like a machine, but I'm still humane  
When the dust settles, I will remain  
If I get muddy, wash out the stain

I try to make a lesson  
As I try to entertain  
I got a funky beat that's  
always flowing through my veins  
My momma always told me  
"Boy, go and do your thang.  
If you got a talent and you waist it  
That's a shame"

Power and control  
like a lion being tamed  
If you got a weakness,  
Turn it to a gain  
Friends are a fortune  
Don't care about the fame  
In the end  
all you really got is your name

Motorcycle, freight train  
Helicopter, airplane  
At the top, I wanna stop  
But I'm on the run again..

**ABC Chant – ABC Animals**

by Cherry Liang and William Avery ©2010

A	ant	N	newt
B	bear	O	octopus
C	cat	P	penguin
D	dog	Q	quail
E	elephant	R	raccoon
F	frog	S	seal
G	gorilla	T	turtle
H	hippo	U	umbrella-bird
I	iguana	V	vulture
J	jaguar	W	whale
K	kangaroo	X	x-ray fish
L	lion	Y	yak
M	monkey	Z	zebra

That is it. Now we're done.

Hope you really, really, really, really, really had fun.

## Short Phonics Drill

by William Avery ©2010

a e i o u – Short Phonics Drill.

Focus vowels in the back. Practice reading skills

**K, K**

ka	ke	ki	ko	ku
ka	ke	ki	ko	ku
ka	ke	ki	ko	ku

**S, S**

sa	se	si	so	su
sa	se	si	so	su
sa	se	si	so	su

**L, L**

la	le	li	lo	lu
la	le	li	lo	lu
la	le	li	lo	lu

a e i o u - Short Phonics Drill

Focus vowels in the front. Practice reading skills

**T, T**

at	et	it	ot	ut
at	et	it	ot	ut
at	et	it	ot	ut

**F, F**

af	ef	if	of	uf
af	ef	if	of	uf
af	ef	if	of	uf

**M, M**

am	em	im	om	um
am	em	im	om	um
am	em	im	om	um

a e i o u - Short Phonics Drill

Focus vowels in between. Practice reading skills

**LG, LG**

lag	leg	lig	log	lug
lag	leg	lig	log	lug
lag	leg	lig	log	lug

**MT, MT**

mat	met	mit	mot	mut
mat	met	mit	mot	mut
mat	met	mit	mot	mut

**RN, RN**

ran	ren	rin	ron	run
ran	ren	rin	ron	run
ran	ren	rin	ron	run

You got the basic building blocks for sounding out a word.  
You can do it. Nothing to it. Never get deterred.

**Long Phonics Examples**

by William Avery ©2010

Sample, sample. Long phonics examples

	A	E	I	O	U
<i>Examples with names</i>	Ray	Steve	Mike	Joe	Lou
<i>Examples with colors</i>	grey	green	white	gold	blue
<i>Examples with numbers</i>	eight	three	nine	oh	two
<i>Examples with foods</i>	cake	tea	pie	oat	fruit
<i>Examples with animals</i>	snake	fllea	fly	goat	mule
<i>What you wanna do?</i>	train	me	fight	old	school

Alright

Sample, sample. Long phonics examples

**The Y Song**

by William Avery ©2010

Yak and yo-yo begin with “Y”  
 Why are Ys in my eye?  
 Pretty baby, pretty baby  
 Don’t you cry  
 If I take away Y, birds can’t fly  
 Fly, fly, fly, fly, fly, fly

...No Ys

ak and o-o begin with “”  
 Wh are s in m ee?  
 Prett bab, prett bab  
 Don’t ou cr  
 If I take awa, birds can’t fl  
 Fl, fl, fl, fl, fl, fl



**Bamalama Phonics Time (OW)**

by William Avery ©2010

Bamalama, Phonics Time.  
Now it's time to bust a rhyme.  
OW [oh] [oh]  
OW [oh] [oh]

The water **flow**s. The **flow**er **grow**s.  
Is it yell**ow**? I don't kn**ow**.  
See a sh**ow**. Snails are sl**ow**.  
Tie a b**ow** bel**ow** your elb**ow**.

Bamalama, Phonics Time.  
Now it's time to bust a rhyme.  
OW [ou] [ou]  
OW [ou] [ou]

Milk a br**ow**n c**ow**. Show me h**ow**.  
Wipe the sweat off your eyeb**ow**.  
Here's a t**ow**el. Use it n**ow**.  
Don't fr**ow**n. Say, "W**ow**!" Take a b**ow**.

Bamalama, Phonics Time.  
Now it's time to end this rhyme.  
If you want to review, just press rewind.  
Peace out. I will see you the next time.

**Bamalama Phonics Time (OO)**

by William Avery ©2010

Bamalama, Phonics Time.  
Now it's time to bust a rhyme.  
OO [ōō] [ōō]  
OO [ōō] [ōō]

Don't be a f**OO**l. Stay in sch**OO**l.  
It isn't c**OO**l to dr**OO**l in the p**OO**l.  
Buy some f**OO**d. Go to the z**OO**.  
Feed the kangar**OO** and the r**OO**ster, t**OO**.

Bamalama, Phonics Time.  
Now it's time to bust a rhyme.  
OO [ōō] [ōō]  
OO [ōō] [ōō]

The cr**OO**k t**OO**k the b**OO**k.  
Super duper ugly, I don't wanna l**OO**k.  
The c**OO**kies smell g**OO**d.  
A new bakery's in the neighborh**OO**d.

Bamalama, Phonics Time.  
Now it's time to end this rhyme.  
If you want to review, just press rewind.  
Peace out. I will see you the next time.

**Bamalama Phonics Time (PH)**

by William Avery ©2010

Bamalama, Phonics Time.  
Now it's time to bust a rhyme.  
PH [f] [f]  
PH [f] [f]

The ele**ph**ant has a cell **ph**one.  
Take a **ph**otogra**ph**. Play the saxo**ph**one.  
Practice **ph**onics. Have a laugh.  
May I have your autogra**ph**?

Bamalama, Phonics Time.  
Now it's time to end this rhyme.  
If you want to review, just press rewind.  
Peace out. I will see you the next time.



**Bamalama Phonics Time (OI)**

by William Avery ©2010

Bamalama Phonics Time.  
Now it's time to bust a rhyme.  
OI [oi] [oi]  
OI [oi] [oi]

Smell the milk. It is spo**il**ed.  
Wrap the pie in aluminum fo**il**.  
Make an appo**in**tment to change the o**il**.  
Po**in**t to the water. Watch it bo**il**.

Bamalama Phonics Time.  
Now it's time to end this rhyme.  
If you want to review, just press rewind.  
Peace out. I will see you the next time.

**Bamalama Phonics Time (AR)**

by William Avery ©2010

Bamalama Phonics Time.  
Now it's time to bust a rhyme.  
AR [ahr] [ahr]  
AR [ahr] [ahr]

Pa**ar**k the ca**ar** by the fa**ar**m.  
The sha**ar**k is full. It will not ha**ar**m.  
I hurt my a**ar**m. I fell down ha**ar**d.  
I got a big cast now I can't play ca**ar**ds.

Bamalama Phonics Time.  
Now it's time to end this rhyme.  
If you want to review, just press rewind.  
Peace out. I will see you the next time.

**Bamalama Phonics Time (NG)**

by William Avery ©2010

Bamalama Phonics Time.  
Now it's time to bust a rhyme.  
NG [ng] [ng]  
NG [ng] [ng]

Buy **King Kong** a diamond **ring**.  
**Bring long string**. Tie the **thing**.  
Play **ping pong**. **Sing** a **song**.  
- All night **long**. Nothing's **wrong**.

Bamalama Phonics Time.  
Now it's time to end this rhyme.  
If you want to review, just press rewind.  
Peace out. I will see you the next time.

**Rainbow Stylin'**

by William Avery ©2010

Red, orange, yellow, green, blue, indigo, violet (violet)  
The colors of the rainbow on my **hat**, watch me style it (style it)  
*\*(shirt, tie, jacket )*

What's my favorite color?  
Well... I can not pick just one  
My favorite color is rainbow  
Because I think it's lots of fun  
When I'm walking down the street  
All the people stare at me  
Saying "Where did you get that rainbow suite?  
I think it's very neat."  
It's custom made by me  
Because it's really hard to find  
I got a rainbow company  
We do rainbow designs  
We can rainbow houses  
We even rainbow cars  
We rainbow cater parties  
For famous movie stars  
If you look for something different  
With style unique pizzazz  
You can call me anytime  
We can have a blast  
I am a horse of a different color  
Don't be jealous turning green  
I don't have a yellow belly  
I'm rainbow stylin' fresh and clean  
I'm tickled pink to meet you  
Black and white so very clear  
If you got the blues, kick off your shoes  
And shake your derriere...

Red, orange, yellow, green, blue, indigo, violet (violet)  
The colors of the rainbow on my **pants**, watch me style it (style it)  
*\*(socks, shoes, glasses)*

Rainbow stylin'  
On an island  
Everywhere I look everybody is smilin'  
Laughin', playin'  
Dancin', swayin'  
You can find a pot of gold every single day...

I like when it rains because I will soon see a rainbow  
Rainbow in the sky, you are so pretty don't say good bye  
Rainbow in the sky, you are so pretty don't say good bye



### **Yummy Tummy Special**

by William Avery ©2010

We have different specials for every day.  
There's a line around the block for my café.  
Better make a reservation with no delay.  
We keep it yummy for your tummy all the way.

Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday  
Get the Yummy Tummy special every day of the week...

On Monday (Monday), scrambling salty egg...  
On Tuesday (Tuesday), baking buttery bread...  
On Wednesday (Wednesday), sautéing bitter fruit...  
On Thursday (Thursday), boiling spicy soup...  
On Friday (Friday), frying sour tomato...  
On Saturday (Saturday), roasting sweet potato...  
On Sunday (Sunday), grilling chewy cheese...  
When you order the special kids eat for free...

### **12 Months**

by William Avery ©2010

January, February, March  
April, May, June  
July, August, September  
October, November, December

### **Opposite**

by William Avery ©2010

The opposite of high is low  
The opposite of fast is slow  
The opposite of stop is go  
The opposite of yes is no

Opposite Oh, opposite  
Tell me the opposite

**Skinny Mosquito**

by William Avery ©2010

Skinny Mosquito  
Flying through the air  
Drinking blood  
Here and there  
I wake up from my nap  
Itchy, itchy, scratch  
Skinny Mosquito  
How did you get so fat?

**Flavors**

by William Avery ©2010

How does it taste?  
How does it taste?

Salty, spicy, sour, bitter, sweet  
Flavors of the food that we eat

French fries taste salty  
Curry, curry, curry tastes spicy  
Pickles, pickles taste sour  
Coffee tastes bitter  
Candy tastes sweet

**Kangaroo**

by William Avery ©2010

Kangaroo hop up and down.  
Kangaroo hop up and down.  
Hop, hop, hop. Hop up and down.  
Here and there and all around.

K-A-N-G-A-R-O-O